




March 11, 2020

SPEAKER OF THE WEEK
Annabel Chotzen
American Medical Response

MEETING HIGHLIGHTS



HAWAII CLUB 30
DISTRICT 5000
CHARTERED:
JUNE 20, 1939
RI PRESIDENT
MARK DANIEL MALONEY
DISTRICT GOVERNOR
ERIC KALER



RI CONVENTION



HONOLULU
HAWAII 2020
6-10 JUNE



Our guest speaker **Yvette Lee**, is from **American Medical Response**. Her talk was all about **“Be My Friend and Heart Throb”**. That was exactly what her presentation strives for: helping save lives when someone is having a choking incident or cardiac arrest



PDG Phil and **PP Sally** recognized and presented **Pres. Carol** with a beautiful glass globe for her generous donations to the Rotary Foundation. Carol explained that giving to the Foundation is compelling and gives her great honor



PDG Phil Sammer was the Song Leader, and while we had no first time offshore visiting Rotarians, we belted out the tune nonetheless to our guests and visitors. **PE Paul McGillicuddy** welcomed them all.

President Carol Riley brought today's meeting to order. **PP Dave Livingston** led the group in a Pledge to the Flag. Our Inspiration was done by the ever ebullient **Kathy Higa**. **Nathan Graves** secured the Introduction of Guests and Visitors. PP of the **Rotary Club of Honolulu Bub Wo** was in the house and offered a generous \$20 bill for apparently holding an event in our normal room last week and bumping us! No apologies were necessary Bub! **PDG Phil Sammer** was the Song Leader, and while we had no first time offshore visiting Rotarians, we belted out the tune nonetheless to our guests and visitors. **PE Paul McGillicuddy** welcomed them all.

A few announcements were made. **Foundation Co-Chair PP Sally Blanchard** shared that our club has exceeded our goal for Annual Giving! Next up PDG Phil and PP Sally recognized and presented Pres. Carol with a beautiful glass globe for her generous donations to the Rotary Foundation. Carol explained that giving to the Foundation is compelling and gives her great honor. **Youth Service Chair Patti Mitchell**, **PP Bob Tellander** and Pres. Carol all read to children this morning over at the Waikiki Community Center.

The **Rotary International Convention Honolulu 2020** is still a go for June 6 through 10th. With a show of hands, we had over 18 registered attendees in the room today! The **District 5000**

Conference happens to be on Saturday June 6 – so please register for both events.

Vocational Chair Sylvia Makk handled the Aloha Bucket today, and after dropping in a few herself proceeded to separate many of the members from a bit of their hard-earned cash for a few words to the club.

Sylvia also handled the introduction of our guest speaker **Yvette Lee**, from **American Medical Response**. Her talk was all about “**Be My Friend and Heart Throb**”, and with her red dress and bubbling personality she likely had a few hearts straining to beat properly. But that was exactly what her presentation strives for: helping save lives when someone is having a choking incident or cardiac arrest. Yvette was great about getting the members involved, and she talked about the importance of CPR training and staying current with the certification process. Several members joined her in a quick training session on how to save a baby from choking (always emphasizing quickly calling 9-1-1 if possible). PP Dave L. also became her volunteer/victim and seemed to be very attentive and unusually gregarious despite having the speaker's arms wrapped around his midsection as she demonstrated the proper way to do the Heimlich Maneuver. Luckily the only thing that popped out were lots of questions asked by our group, and Yvette was able to handle them all with perfectly informative answers.

WEEKLY REPORT — WEDNESDAY, FEBRUARY 05, 2020

The Investment Portfolio ticket holder was PP Dave L. once again, but only the red marble was attained in today's contest.

After a dutiful recital of the Rotary 4-Way Test, Pres. Carol with a rap to the bell brought another fabulous, heart pounding meeting to a calm and healthy close.

Respectfully submitted,

PP Dave Hamil *Today's Co-Scribe*



MARCH

BIRTHDAYS

Justin Alexander 3/6
Toan Doran 3/16
Chuck Braden 3/18
Lisa Ahmed 3/20
Paul Hadik 3/30

ANNIVERSARIES

Lisa Ahmed 3/29/17
Hitoshi Daikoku 3/01/06
Dave Livingston 3/17/93
Toan Doran 3/06/19
Dick Matti 3/30/77
Denny Meyer 3/04/87
Bob Tellander 3/30/05



OUR ANNUAL GARAGE SALE



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TODAYS SPEAKER: ANNABEL CHOTZEN



Annabel Chotzen is an award-winning motivational speaker and seminar leader. For more than seventeen years, she has presented corporate training sessions and motivational speeches to thousands of people. She works with organizations to help the entire team achieve a higher level of success.

Annabel helps organizations:

- Handle change in challenging times
- Provide outstanding customer service
- Build strong teams
- Boost employee productivity and fulfillment
- Overcome obstacles to effective communication
- Transform adversity into winning results
- Communicate across generational barriers
- Achieve goals and dreams

Annabel has a Masters degree in Public Administration from the John F. Kennedy School of Government at Harvard University. She has been a Professor of Business Communications, Public Speaking, Negotiation, Marketing, and Professional Development at Hawaii Pacific University, the University of Hawaii School of Business, and Chaminade University.

She has given training sessions and workshops to hundreds of organizations including the American Council of Engineering Companies of Hawaii, Hawaii National Guard, Bank of Hawaii, United States Army, U.S. Department of Agriculture, AT&T and Society of Corporate Planners. For more information, see Annabel's website at www.annabelchotzen.com.



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